

RUGBY EQUIPMENT



LOCATION & FACTS



Rugby facilities

- Natural grass pitch I
 - Full size: 110 x 77 yards
- Natural grass pitch II
 - Full size: 114 x 88 yards
- One natural grass pitch designed especially for coordination and strengthening exercises

Services

- Complete training equipment
- Exclusive use of the Outdoor Gym
- CrossFit Box on request
- Exclusive contact person at your service
- Transfer services
- Towels, water and ice served at the pitch
- Ice baths on request
- Spa area



RUGBY EQUIPMENT

TACKLE SHIELD INT. MP2

20



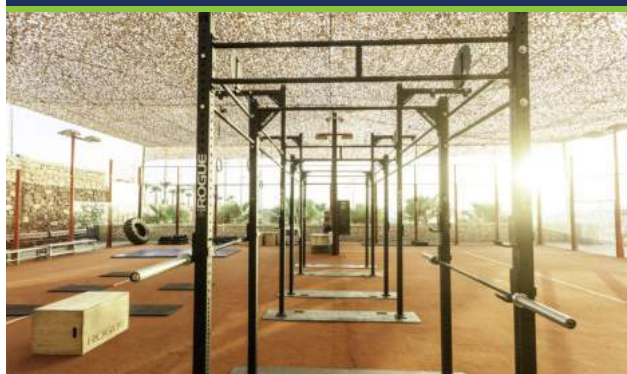
SENIOR ROUND TACKLE BAG

15



CROSSFIT BOX

-



HURDLE SET (5 HURDLES EACH)

2



SLALOME POLES (170cm)

20



SPEED LADDER

4



HURDLES 15cm/30cm/60cm

10/30/6



BIG CONES BLUE/ YELLOW/RED

60/60/60



RUGBY EQUIPMENT

SMALL CONES RED/YELLOW/BLUE/WHITE 60/60/60/60



TRAFFIC CONES

20



SKIPPING ROPE

10



STROOP

5



ROPE

2



TRAKTOR WHEEL

1



SPEED SLED

2



KETTLEBELLS 4/8/12/16/ 20/24/28/32

2 PAIRS



RUGBY EQUIPMENT

BALANCE TRAINER

5



STEP

20



MEDICINE BALL 2kg/3kg/4kg/5kg

8/6/5/4



TRAINING-BIBS GREEN/YELLOW/RED

30/30/30



FIT BALL

30



REFERENCES



Selection of our references:

- Warrington Wolves Rugby League
- Gloucester RFC Rugby Union
- Hull FC Rugby League
- Hull Kingston Rovers Rugby League
- London Irish Rugby Union
- Donegal gaelic FC Gaelic Football

