

GLEN CHRISTIANSEN SWIMMING CAMPS

TENERIFE TOP TRAINING

ATHLETICSPHERE

From January
18 to 25, 2020



MASTERS' TECHNIQUE CAMP

THE ART OF
PERFORMANCE
EXCELLENCE





MASTERS' TECHNIQUE CAMP

Tailored for those wishing to go deeper into technique
With help of the flume channel and a biomechanic specialist

INCLUDED IN THE PRICE

Accommodation in Hotel HOVIMA Jardín Caleta, superior room	✓
Full Board (Breakfast, Lunch, Dinner) including ½ l mineral water or 1 soft drink with lunch and dinner	✓
Daily use of T3 pool according to training schedule Glen Christiansen	✓
Daily use of T3 gym according to training schedule Glen Christiansen	✓
Use of T3 flume channel according to training schedule Glen Christiansen* - 1 session per swim stroke	✓
All lectures Glen Christiansen	✓
Technical analyze Glen Christiansen / Evaluation assisted by a biomechanic specialist	✓
Towel Service in T3 (1 clean towel per person per training session)	✓
Possibility of water refill without limit (you are invited to bring your own refillable bottle)	✓
1 free T3-T-Shirt per participant	✓
6,5% Canarian Tax IGIC	✓
OTHERS:	
Deep tissue massages, 30 minutes	32,00 €
Airport Transfers	On request
Rental cars	On request

* = Clients are welcome to bring their own USB-Drive or extern disc to save their recording.



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18.01. – 25.01.2020	Single occupation		Double occupation		Triple occupation*	
HOVIMA Jardín Caleta***	Booking and payment before 15.10.2019	Booking and payment after 15.10.2019	Booking and payment before 15.10.2019	Booking and payment after 15.10.2019	Booking and payment before 15.10.2019	Booking and payment after 15.10.2019
For days with Hotel only / Accompanying persons	112,00 €	118,00 €	82,00 €	88,00 €	77,00 €	82,00 €
For days with Camp participation	175,00 €	185,00 €	142,00 €	150,00 €	122,00 €	128,00 €

All prices are per person per day
Canarian Tax included in the price

*Triple occupation – 2 persons sleep in the separate bedroom equipped with twin beds, the third person sleeps in sofa bed in the living area

Children under 14 years, have a discount of 40% on the adults' price accommodating with them in the same apartment (both on hotel only price and price with camp participation).

Accompanying persons who wish to use the training facilities without participating in the camp can use the T3 facilities at a promotional price of 125,00 € / week / person.

To avoid misunderstandings here in the center, we recommend booking this in before arrival.

