



**GLEN CHRISTIANSEN**  
**SWIMMING CAMPS**  
TENERIFE TOP TRAINING  
ATHLETICSPHERE

**INTERNATIONAL MASTERS' SWIM CAMP**  
**28.02.2021 – 06.03.2021**





## INTERNATIONAL MASTERS' SWIM CAMP

28.02.2021 – 06.03.2021

### INCLUDED IN THE PRICE

|   |            |
|---|------------|
| Accommodation in Hotel HOVIMA Jardín Caleta, superior room  | ✓          |
| Full Board (Breakfast, Lunch, Dinner) including ½ l mineral water or 1 soft drink with lunch and dinner | ✓          |
| Daily use of T3 pool according to training schedule Glen Christiansen                                   | ✓          |
| Daily use of T3 gym according to training schedule Glen Christiansen                                    | ✓          |
| Use of T3 flume channel according to training schedule Glen Christiansen* - 1 session per swim stroke   | ✓          |
| All lectures Glen Christiansen  | ✓          |
| Technical analyze Glen Christiansen / Evaluation assisted by a biomechanic specialist                   | ✓          |
| Towel Service in T3 (1 clean towel per person per training session)                                     | ✓          |
| Possibility of water refill without limit (you are invited to bring your own refillable bottle)         | ✓          |
| 1 free T3-T-Shirt per participant   | ✓          |
| 6,5% Canarian Tax IGIC  | ✓          |
| <b>OTHERS:</b>  |            |
| Deep tissue massages, 30 minutes  | 32,00 €    |
| Airport Transfers   | On request |
| Rental cars   | On request |

\* = Clients are welcome to bring their own USB-Drive or extern disc to save their recording.





## INTERNATIONAL MASTERS' SWIM CAMP 28.02.2021 – 06.03.2021

| 28.02. – 06.03.2021  | Single occupation                           |  | Double occupation                           |  | Triple occupation*                          |  |
|--|---|--|---|--|---|--|
| <b>HOVIMA<br/>Jardín Caleta***</b>                             | Booking and<br>payment before<br>15.10.2020 | Booking and<br>payment after<br>15.10.2020 | Booking and<br>payment before<br>15.10.2020 | Booking and<br>payment after<br>15.10.2020 | Booking and<br>payment before<br>15.10.2020 | Booking and<br>payment after<br>15.10.2020 |
| <b>For days with<br/>Hotel only /<br/>Accompanying persons</b> | 107,50 €                                    | 114,50 €                                   | 78,00 €                                     | 84,00 €                                    | 71,50 €                                     | 75,50 €                                    |
| <b>For days with<br/>Camp participation</b>                    | 161,00 €                                    | 169,00 €                                   | 127,00 €                                    | 133,00 €                                   | 112,00 €                                    | 118,00 €                                   |

**All prices are per person per day  
Canarian Tax included in the price**

\*Triple occupation – 2 persons sleep in the separate bedroom equipped with twin beds, the third person sleeps in sofa bed in the living area

**Children under 14 years**, have a discount of 40% on the adults' price accommodating with them in the same apartment (both on hotel only price and price with camp participation).

**Accompanying persons** who wish to use the training facilities without participating in the camp can use the T3 facilities at a promotional price of 125,00 € / week / person.

To avoid misunderstandings here in the center, we recommend booking this in before arrival.

