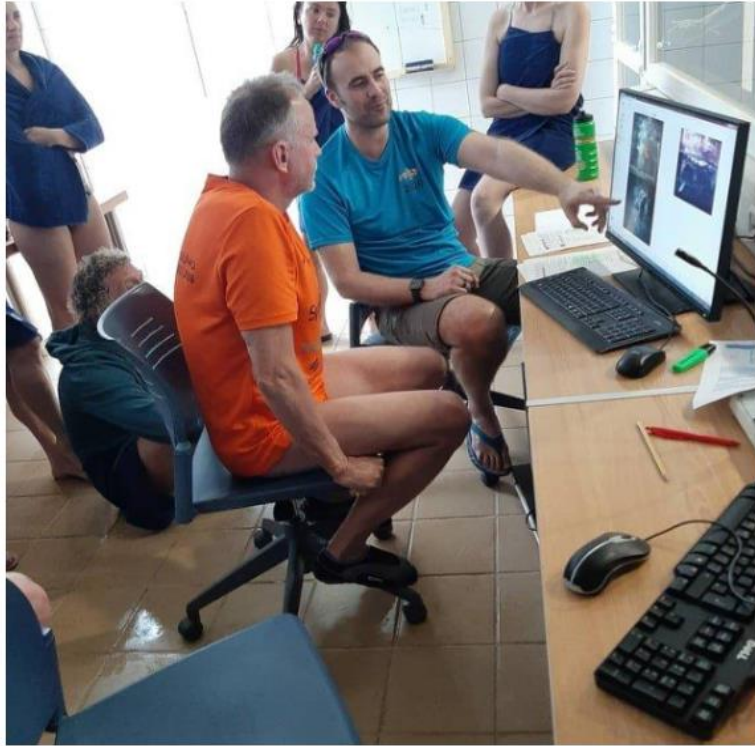




**GLEN CHRISTIANSEN**  
**SWIMMING CAMPS**  
TENERIFE TOP TRAINING  
ATHLETICSPHERE

## TECHNIQUE CAMP GLEN CHRISTIANSEN 16.01.2022 – 22.01.2022





## **MASTERS' TECHNIQUE CAMP** **16.01.2022 - 22.01.2022**

Tailored for those wishing to go deeper into technique  
With help of the flume channel and a biomechanic specialist

### **INCLUDED IN THE PRICE**

Accommodation in Hotel HOVIMA Jardín Caleta, superior room	✓
Full Board (Breakfast, Lunch, Dinner) including ½ l mineral water or 1 soft drink with lunch and dinner	✓
Daily use of T3 pool according to training schedule Glen Christiansen	✓
Daily use of T3 gym according to training schedule Glen Christiansen	✓
Use of T3 flume channel according to training schedule Glen Christiansen* - 1 session per swim stroke	✓
All lectures Glen Christiansen	✓
Technical analyze Glen Christiansen / Evaluation assisted by a biomechanic specialist	✓
Towel Service in T3 (1 clean towel per person per training session)	✓
Possibility of water refill without limit (you are invited to bring your own refillable bottle)	✓
1 free T3-T-Shirt per participant	✓
7,0 % Canarian Tax IGIC	✓
<b>OTHERS:</b>	
Deep tissue massages, 30 minutes	35,00 €
Airport Transfers	On request
Rental cars	On request

\* = Clients are welcome to bring their own USB-Drive or extern disc to save their recording.





## MASTERS' TECHNIQUE CAMP 16.01.2022 - 22.01.2022

Tailored for those wishing to go deeper into technique  
With help of the flume channel and a biomechanic specialist

17.01. – 23.01.2021	Single occupation		Double occupation		Triple occupation*	
<b>HOVIMA Jardín Caleta***</b>	Booking and payment before 15.10.2021	Booking and payment after 15.10.2021	Booking and payment before 15.10.2021	Booking and payment after 15.10.2021	Booking and payment before 15.10.2021	Booking and payment after 15.10.2021
For days with Hotel only / Accompanying persons	116,00 €	119,50 €	82,00 €	88,00 €	77,00 €	82,00 €
For days with Camp participation	176,00 €	186,00 €	142,00 €	150,00 €	122,00 €	128,00 €

**All prices are per person per day  
Canarian Tax included in the price**

**For clients who wish to allocate in another hotel,  
the price for camp participation is:  
1 – 4 days – 100,00 € per day  
5 or more days – 90,00 € per day  
Booking one only session per day - discount 10,00 €**

\*Triple occupation – 2 persons sleep in the separate bedroom equipped with twin beds, the third person sleeps in sofa bed in the living area

**Children under 14 years**, have a discount of 40% on the adults' price accommodating with them in the same apartment (both on hotel only price and price with camp participation).

**Accompanying persons** who wish to use the training facilities without participating in the camp can use the T3 facilities at a promotional price of 125,00 € / week / person.

To avoid misunderstandings here in the center, we recommend booking this in before arrival.

