



**GLEN CHRISTIANSEN**  
**SWIMMING CAMPS**  
TENERIFE TOP TRAINING  
ATHLETICSPHERE  
**2023**

# INTERNATIONAL MASTERS' SWIM CAMP

12.03. - 18.03.2023





## INTERNATIONAL MASTERS' SWIM CAMP 12.03.2023 - 18.03.2023

### INCLUDED IN THE PRICE

Accommodation in Hotel HOVIMA Jardín Caleta, superior room	✓
Full Board (Breakfast, Lunch, Dinner) including ½ l mineral water or 1 soft drink with lunch and dinner	✓
Daily use of T3 pool according to training schedule Glen Christiansen	✓
Daily use of T3 gym according to training schedule Glen Christiansen	✓
Use of T3 flume channel according to training schedule Glen Christiansen* - 1 session per swim stroke	✓
All lectures Glen Christiansen	✓
Technical analyze Glen Christiansen / Evaluation assisted by a biomechanic specialist	✓
Towel Service in T3 (1 clean towel per person per training session)	✓
Possibility of water refill without limit (you are invited to bring your own refillable bottle)	✓
1 free T3-T-Shirt per participant	✓
7,0 % Canarian Tax IGIC	✓
<b>OTHERS:</b>	
Deep tissue massages, 30 minutes	35,00 €
Airport Transfers	On request
Rental cars	On request

\* = Clients are welcome to bring their own USB-Drive or extern disc to save their recording.





## INTERNATIONAL MASTERS' SWIM CAMP 12.03.2023 - 18.03.2023

12.03. – 18.03.2023	Single occupation		Double occupation		Triple occupation*	
<b>HOVIMA Jardín Caleta***</b>	Booking and payment before 15.10.2022	Booking and payment after 15.10.2022	Booking and payment before 15.10.2022	Booking and payment after 15.10.2022	Booking and payment before 15.10.2022	Booking and payment after 15.10.2022
<b>For days with Hotel only / Accompanying persons</b>	115,50 €	119,50 €	80,00 €	84,00 €	73,00 €	75,50 €
<b>For days with Camp participation</b>	168,00 €	175,00 €	139,00 €	146,00 €	129,00 €	136,00 €

**All prices are per person per day  
Canarian Tax included in the price**

**For clients who wish to allocate in another hotel,  
the price for camp participation is:  
1 – 4 days – 80,00 € per day  
5 or more days – 70,00 € per day  
Booking one only session per day - discount 10,00 €**

\*Triple occupation – 2 persons sleep in the separate bedroom equipped with twin beds, the third person sleeps in sofa bed in the living area

**Children under 14 years**, have a discount of 40% on the adults' price accommodating with them in the same apartment (both on hotel only price and price with camp participation).

**Accompanying persons** who wish to use the training facilities without participating in the camp can use the T3 facilities at a promotional price of 125,00 € / week / person.

To avoid misunderstandings here in the center, we recommend booking this in before arrival.

